

What is the optimal timing of an elective cesarean section at term?

There is increasing data to suggest that 39 weeks is the best time for a scheduled elective- repeat cesarean section. A recent multicenter cohort study showed that when elective cesarean delivery was performed after 37 weeks but before 39 weeks there was an increased risk of respiratory complications, newborn sepsis, NICU admissions and other adverse outcomes when compared with delivery at 39 weeks.